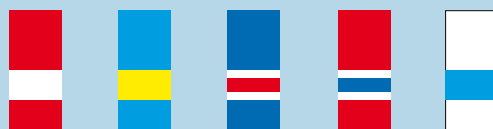


9TH NORDIC NUTRITION CONFERENCE



1 - 4 JUNE, 2008, COPENHAGEN

WWW.NUTRITION2008.ICS.DK



PATRONESS OF THE 9TH
 NORDIC NUTRITION CONFERENCE
 HER ROYAL HIGHNESS CROWN PRINCESS MARY

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INVITATION

Dear Colleagues and Friends,

It is a great pleasure to invite you to the 9th Nordic Nutrition Conference, which will take place in Copenhagen at the Øksnehallen.

The series of Nordic Nutrition conferences were initiated in 1977, and the meetings have since been held every fourth year. In line with the previous successful meetings – Stockholm 1977, Helsinki 1980, Bergen 1984, Odense 1988, Reykjavik 1992, Göteborg 1996, Hanehamn, 2000, and Tønsberg 2004 - we will provide you with an excellent opportunity to get updated on scientific nutrition issues and to interact with colleagues and friends from academia, agencies and the industry.

Your active participation will contribute to a productive conference, which will include a challenging and exciting programme of plenary sessions, parallel sessions, poster sessions and satellite symposia. The programme reflects the steady improvements in our scientific understanding of nutritional issues but it also highlights some of the current debates.

We hope that all of you will enjoy the scientific contents of the programme and the associated social events.

Looking forward to welcoming you in Wonderful Copenhagen

Inge Tetens
President

ORGANISATION

Organising Committee

Inge Tetens, President
Agnes N. Pedersen, Secretary General
Grethe Andersen
Arne Astrup
Jytte Halkjær
Harald S. Hansen
Mette Kristensen
Mads Rosenkilde
Susanne Wolff

Advisory Scientific Committee

Sigmund Andersson, Norway
Wulf Becker, Sweden
Mikael Fogelholm, Finland
Knut-Inge Klepp, Norway
Helle Margrete Meltzer, Norway
Stephan Rössner, Sweden
Inga Thorsdóttir, Iceland

Conference Secretariat



International Conference Services
P.O. Box 41, Strandvejen 169-171
DK-2900 Hellerup,
Copenhagen, Denmark
Tel: +45 7023 7823
Fax: +45 7023 7888
E-mail: nutrition2008@ics.dk
www.nutrition2008.ics.dk

IMPORTANT DATES

Conference Dates: 1 – 4 June 2008

Deadline for Abstract Submission: 15 January 2008

Deadline for the Low Registration Fee: 15 February 2008

Deadline for Low Registration Fee for Abstract Submitters: 1 March 2008

PROGRAMME OVERVIEW

MONDAY 2 JUNE 2008

09:00 – 09:30 **OPENING CEREMONY**

09:30 – 10:50 **THE OBESITY EXPLOSION – WHAT HELPS EXCEPT WAR, FAMINE OR OIL CRISIS?**

Chair: *Stephan Rössner (SE)*

How many actually lost weight with the help of obesity genetics. *Bjørn Richelsen (DK)*

Anti-obesity diets – does anything matter except energy deficiency. *Tom Sanders (UK)*

10:50 – 11:20 **Break (coffee/tea and fruit)**

11:20 – 12:30 **AGEING**

Chair: *Anne Marie Beck (DK)*

Amino acids and muscle loss with aging. *Elena Volpi (USA)*

Recommendations for physical activity in the elderly - theory and praxis. *Lis Puggaard (DK)*

12:30 – 14:30 **Lunch and Postersession A**

14:30 – 16:30 **OBESITY**

Chair: *Bjørn Richelsen (DK)*

Dietary intervention studies using the shop model and the ad libitum principle.

Thomas Meinert Larsen (DK)

Open speakers

14:30 – 16:30 **EARLY LIFE NUTRITION**

Chair: *Inga Thorsdottir (IS)*

Infant feeding and child health.

Berthold Koletzko (DE)

Open speakers

16:30 – 17:00 **Break (coffee/tea and cake)**

17:00 – 18:10 **WHOLE GRAIN**

Chair: *Anne Tjønnelan (DK)*

Whole grains, definitions, intake and barriers towards consumption.

Chris Seal (UK)

Open speakers

17:00 – 18:10 **PHYSICAL ACTIVITY**

Chair: *Sigmund Andersson (NO)*

Exercise and appetite in humans.
John Blundell (UK)

Sleep, obesity and physical activity.
Katriina Kukkonen-Harjula (FIN)

Open speaker

TUESDAY 3 JUNE 2008

09:00 – 10:20 **SUSTAINABLE NUTRITION**

Chair: *Helle Margrete Meltzer (NO)*

Dietary advises in a sustainability perspective. *Marion Nestle (USA)*
Fish, health and sustainability. *Eric Brunner (UK)*

10:20 – 10:50 **Break (coffee/tea and fruit)**

10:50 – 12:00 **MICRONUTRIENTS**

Chairs: *Lone Banke Rasmussen & Rikke Andersen (DK)*

Vitamin D fortification in Finland, background and effect. *Christel Lamberg-Allardt (FIN)*
Consequences of iodine fortification in Denmark. *Lone B Rasmussen (DK)*

12:00 – 14:00 **Lunch and Postersession B**

14:00 – 16:00 **COMMUNICATION STRATEGIES AND THE ROLE OF THE PRESS**

Chair: *Arne Astrup (DK)*

Obesity and the media – importance for public awareness and policy makers. *Neville Rigby (UK)*

Obesity in the media - entertainment or health promotion? *Allan Høxbroe (DK)*

Open discussion forum

16:30 – 17:00 **Break (coffee/tea and cake)**

16:30 – 17:40 **PUBLIC HEALTH NUTRITION**

Chair: *Knut-Inge Klepp (NO)*

Speaker to be announced

Open speakers

14:00 – 16:00 **FOOD PATTERN AND DISEASE RISK**

Chair: *Wulf Becker (SE)*

Food pattern and disease risk. *Daan Kromhout (NL)*

Open speakers

16:30 – 17:40 **NORDIC/EU NUTRITION RECOMMENDATIONS**

Chair: *Inge Tetens (DK)*

Speakers to be announced

WEDNESDAY 4 JUNE 2008

DIET-GENE INTERACTION

09:00 – 10:20 Chair: *Jytte Halkjær (DK)*

Diet-gene interaction on obesity and weight changes. *Ruth Loos (UK)*
Diet-induced modulations of the gene expression profile in adipose tissue. *Matti Uusitupa (FIN)*

10:20 – 10:50 **Break (coffee/tea)**

10:50 – 12:00 Chair: *Harald S Hansen (DK)*

Diet-gene interactions in cancer. *Lars Dragsted (DK)*
Diet-gene interaction in lipid metabolism. *Dolores Corella (ES)*

12:00 – 12:30 **CLOSING**

12:30 – 13:30 **Sandwich buffet**

SATELLITE SYMPOSIA

SUNDAY 1 JUNE 2008, VENUE: CENTER FOR SUNDHED OG SAMFUND, ØSTERFARIMAGSGADE 5, BYGNING 34

10:00 – 13:00 **DAIRY CALCIUM AND BODY COMPOSITION: FAT AND BONES**

Chair: *Arne Astrup (DK)*

Introduction - setting the scene. *Arne Astrup (DK)*

Does insufficient calcium intake during slimming lead to increased hunger and impaired weight loss.

Angelo Tremblay (CA)

Long-term effect on body weight and composition of a high dairy calcium diet - lessons from a 1-year study. *Yannis Manios (GR)*

Break (Coffee and tea)

Dairy calcium and bones - beyond minimum requirements. *Robert P. Heaney (USA)*

Panel discussion

The symposium is sponsored by Arla Foods and The Danish Dairy Board.

13:00 – 14:00 **Lunch – Sandwiches and beverages are sponsored by Arla Foods**

14:00 – 18:00 **EVIDENCE-BASED RECOMMENDATIONS FOR PROTEIN INTAKE FOR OPTIMAL HEALTH**

Chair: *Robert R. Wolfe (USA)*

Protein's role in weight management and satiety. *Arne Astrup, (DK)*

Protein's role in sarcopenia. *Elena Volpi (USA)*

Break (Coffee and tea)

Protein's role in diabetes. *Kjeld Hermansen (DK)*

Protein's role in bone health. *Robert P. Heaney (USA)*

Evaluating protein requirements: minimum versus optimum intake. *Robert R. Wolfe (USA)*

Panel discussion

The symposium is sponsored by The Danish Meat Association and The Danish Dairy Board.

WEDNESDAY 4 JUNE 2008, VENUE: ØKSNEHALLEN

14:00 – 16:30 **FERMENTED FOODS, HEALTH STATUS AND WELL-BEING**

In this symposium three to four internationally recognized speakers will illustrate the possible nutritional beneficial effects of fermented dairy and cereal products on human nutrition. Furthermore, they will present the recent results in the area.

The symposium is sponsored by Øresund Food Network, Danisco A/S and Chr. Hansen A/S.

CALL FOR PAPERS

You are kindly invited to submit abstracts describing research work that you wish to present at the Conference, either orally or as a poster.

All abstracts will be evaluated. Accepted abstracts will be published in the Abstract Book.

Keywords:

Obesity	Public health nutrition
Ageing	Nutrition recommendations
Early life nutrition	Diet-gene interaction
Whole grain	Milk calcium in health and disease
Physical activity	Evidence-based recommendations for protein intake for optimal health
Sustainable nutrition	Fermented foods, health status and well-being
Micronutrients	Miscellaneous
Communication strategies and the press	
Food pattern and disease risk	



GUIDELINES FOR SUBMISSION OF ABSTRACTS

Abstracts must be submitted no later than 15 January 2008

Abstracts can only be submitted on-line or per e-mail to abstracts@ics.dk

Please read the following guidelines carefully before submitting your abstract on-line at www.nutrition2008.ics.dk or www.ics-online.com.

The Scientific Committee will review all abstracts, and notification will be given by 1 March 2008.

1. Authors presenting abstracts must register immediately after hearing their abstract has been accepted.
2. Abstracts must be submitted in English and on the Internet at any of the above web sites.
3. Titles should be entered in the "Title Field" (not as part of the abstract) and should contain no more than 20 words or 70 characters including space.
4. Please remember to select a keyword.
5. Abstract text should be entered in the "Abstract Text Field" and should contain no more than 250 words. The system will not allow you to enter more than 250 words.
6. Any tables, graphs or diagrams should be e-mailed to abstracts@ics.dk
7. Authors' names and institutions should be entered in the appropriate fields. The following data is needed for the "Institution Field" – Name of the Institution, Department, City and Country.
8. The abstract should be informative, containing: a) a statement of the study's objectives; b) a brief statement of methods if relevant; c) a summary of the results obtained and d) a statement of the conclusions reached.
9. Please avoid references. However, if references are used, they should be included in the abstract texts as: authors, journal, year, volume, and pages.
10. Single space all text and do not leave blank lines. Use standard abbreviations. Place a special or unusual abbreviation in parenthesis after the full word the first time it appears. Use generic names of drugs and write numbers as numerals rather than words.

Abstracts, which do not conform to the above guidelines, will not be accepted.

INFORMATION TO PRESENTERS

The auditoria in the Conference Center will be equipped with pc with Power Point software and data projectors. You are welcome to bring your own laptop, however, please be sure to visit the technicians before your lecture, in order to ensure the right equipment is in place. Presenters are kindly requested to send a CD of their presentation or e-mail to the Conference Secretariat: abstracts2008@ics.dk

REGISTRATION

You are welcome to register on-line for the Conference at www.nutrition2008.ics.dk or www.ics-online.com.

You can also use the enclosed registration form or download the form at www.nutrition2008.ics.dk and send it by mail or fax as soon as possible in order to benefit from the low registration fee to:

ICS A/S

P.O. Box 41
Standvejen 169-171
DK-2900 Hellerup
Denmark

Fax: +45 70 23 78 88

Kindly note that faxed registration forms should not be mailed as well.

Registration fees (in DKK):

	Before 15 February 2008	Between 15 February and 1 May 2008	After 1 May 2008 and on site
Participants	DKK 3.850 (approx. € 517)	DKK 4.500 (approx. € 604)	DKK 5.000 (approx. € 671)
Students	DKK 2.400 (approx. € 322)	DKK 2.400	DKK 2.400
Accompanying Persons	DKK 1.350 (approx. € 181)	DKK 1.350	DKK 1.350

Entitlements

Delegates' registration includes:

- Participation in the Scientific Programme
- Final Programme & Abstract Book
- Coffee Breaks & Lunches
- Welcome Reception
- City Hall Reception

The Accompanying Persons' registration includes:

- Welcome Reception
- City Hall Reception

Payment

Payment should be remitted as follows:

1. Credit Card:

American Express, Diners Club, Euro Card, Master Card, and VISA are accepted. If you are registering on-line, the only credit cards accepted are Eurocard Master Card and VISA. If you want to use American Express, Diners Club or Dankort (Danish Participants) please complete the registration form and fax it back to fax number: + 45 70 23 78 88. Please remember to indicate credit card number and expiry date, as well as the three (3) digit control number (CVC) which is printed on the back of your credit card. Some credit cards have a four (4) digit code on the front.

2. Bank Transfer to:

Account no.: 3001 4001 154 656

IBAN # DK69 3000 4001 1546 56

Swift Address: DABADKKKXXX

DANSKE BANK

Holmens Kanal 2

DK-1090 Copenhagen K

Denmark

Please remember to add bank charges, as the recipient will not pay those.

Please make sure that your name, address, and "NNC" are clearly stated on all payments and transfer documents.

Cancellation & Refund Policy

Notification of cancellation must be made in writing and mailed to ICS - International Conference Services A/S and with a reference to a bank account, incl. the SWIFT Code and IBAN (International Bank Account Number), where a possible refund may be remitted to. An administration fee will be charged depending on the date the cancellation is received by ICS.

	Fee
Before 1 February 2008	DKK 375 (approx. € 50)
Between 1 February and 15 April 2008	DKK 1.200 (approx. € 150)
After 15 April 2008	No refunds should be expected

Credit cannot be given for unattended events, late arrivals or early departure. All refunds will only be processed after the Conference.

HOTEL ACCOMMODATION

Hotels rooms in different categories have been reserved for Conference participants. It is anticipated that the hotel situation will be very tight during the Conference. It is, therefore, advisable to reserve rooms as early as possible. Rooms will be allocated on a first come first served basis. No rooms can be reserved unless complete credit card details are sent to ICS on the enclosed Accommodation Form or electronically at www.nutrition2008.ics.dk.

The following prices are in DKK per room per night. The prices include: Buffet breakfast, 15% service charge and 25% VAT. All rooms are with private bath and toilet.

Hotels & prices

Imperial Hotel Copenhagen****



Address: Vester Farimagsgade 9
Distance to city centre: 0,5 km
Distance to the venue Øksnehallen: 1,1 km

Single Superior
DKK 2.065 (approx. € 278)

The Square Copenhagen***



Address: Rådhuspladsen 14
Distance to city centre: 0 km
Distance to the venue Øksnehallen: 1,1 km

Single Superior
DKK 1.870 (approx. € 252)
Double Superior
DKK 2.315 (approx. € 324)

Copenhagen Island***



Address: Kalvebod Brygge 53
Distance to city centre: 3 km
Distance to the venue Øksnehallen: 2 km

Single Superior
DKK 1.870 (approx. € 252)

DGI-Byens Hotel***



Address: Tietgensgade 65
Distance to city centre: 0,5 km
Estimated time for walking to the venue Øksnehallen: 2 minutes.

Single Standard
DKK 1.100 (approx. € 148)

Hotel Centrum ***



Address: Helgolandsgade 14
Distance to city centre: 0,5 km
Distance to the venue Øksnehallen: 0,3 km

Single Standard
DKK 950 (approx. € 128)

Norlandia Copenhagen Star ***



Address: Colbjørnsensgade 13
Distance to city centre: 0,5 km
Distance to the venue Øksnehallen: 0,3 km

Double Standard
DKK 1.399 (approx. € 161)

Copenhagen Crown***



Address: Vesterbrogade 41
Distance to city centre: 1,5 km
Distance to the venue Øksnehallen: 0,7 km

Single Standard
DKK 795 (approx. € 105)

Cab Inn City**



Address: Mitchellsgade 14
Distance to city centre: 0,5 km
Distance to the venue Øksnehallen: 1 km

Single Standard
DKK 595 (approx. € 80)
Double Standard
DKK 765 (approx. € 103)

Hotel Reservation Form

Participants, who wish to reserve hotel accommodation, should indicate their preferred hotel category on the hotel reservation form. Reservations can be made either on-line or by faxing the form to ICS on faxnumber + 45 70 23 78 88. Reservations will be made provided the hotel reservation form together with complete credit card details are sent in good time. Please note that all reservations are based on a first come first served basis. If the category of your choice is not available at the time of booking, the nearest alternative will be allocated. ICS will, however, make every effort to comply with your request.

Credit Card Guarantee

The credit card information you provide will with regards to accommodation be used towards the hotel as well as to ICS to guarantee your room reservation. In case of no-show, arrival after the reserved date or departure before the reserved date and cancellation, ICS or the hotel may charge your credit card with the amount corresponding to the full stay requested.

Payment is made directly to the hotel upon check-out.

When ICS has received your Accommodation Form with complete credit card details you will receive a Hotel Voucher. You are kindly asked to check in advance that the reservation details on the voucher are in accordance with your wishes.

Possible changes must be addressed to ICS and not to the hotel

Such changes must always be made by letter, fax or e-mail. When changes have been accepted, a new voucher will be issued. Please make sure to present the new voucher at the hotel, as the old one will no longer be valid.

Group Registration & Group Hotel Reservation

For companies wishing to register groups, please contact the Conference Secretariat for special registration forms and further information.

Alternative Accommodation

Hostels: The Hostels in Denmark will assist participants in finding a low budget room at one of their several hostels. Please contact: + 45 33 31 36 12 or visit www.danhostel.dk

CULTURAL PROGRAMME

SUNDAY 1 JUNE 2008



18:00 – 20:00 Welcome Reception: The Taste of Denmark

Venue: Center for Sundhed og Samfund

Address:

Københavns Universitet
Center for Sundhed og Samfund
Bygning 34 (Building 34)
Øster Farimagsgade 5
1014 Copenhagen K
- Included in the registration fee

MONDAY 2 JUNE 2008



19:00 – 20:30 Reception at Copenhagen City Hall

The City of Copenhagen is pleased to invite all delegates and their registered accompanying persons to a reception at the beautiful and historic City Hall.

- Included in the registration fee

TUESDAY 3 JUNE 2008



19:30 – 22:30 Conference dinner at the restaurant Langelinie Pavillonen

Quiet and peaceful, surrounded by water and parks on all sides right on Copenhagen Harbour, beside the Citadel and The Little Mermaid.

Price: DKK 750 (approx. €100)

The price includes welcome drink, three-course dinner with wines and coffee.

GENERAL INFORMATION

Conference Language

The official language of the Conference is English. No translation services will be provided.

Name Badges

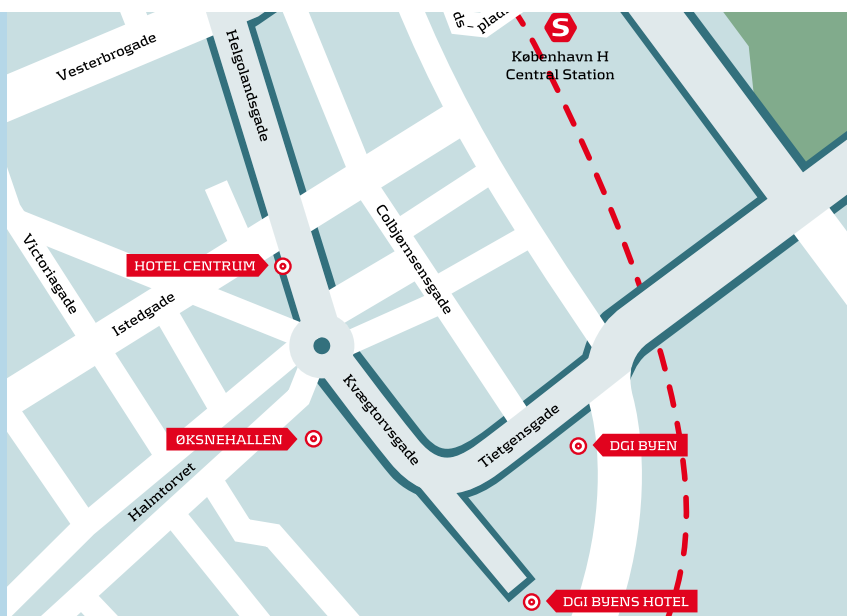
Entrance to the Conference area and to the various social events will be limited to badge holders only. If the badge is lost, please contact the registration desk. A fee of DKK 50 will be charged for each new badge.

Conference Venue

The Conference will take place at Øksnehallen, which is a unique blend of design and content in Copenhagen city centre right by Copenhagen Central Station. The extremely beautiful 100-year-old building was originally used for cattle trading. It has been carefully renovated and has won several architecture prizes.

Address:

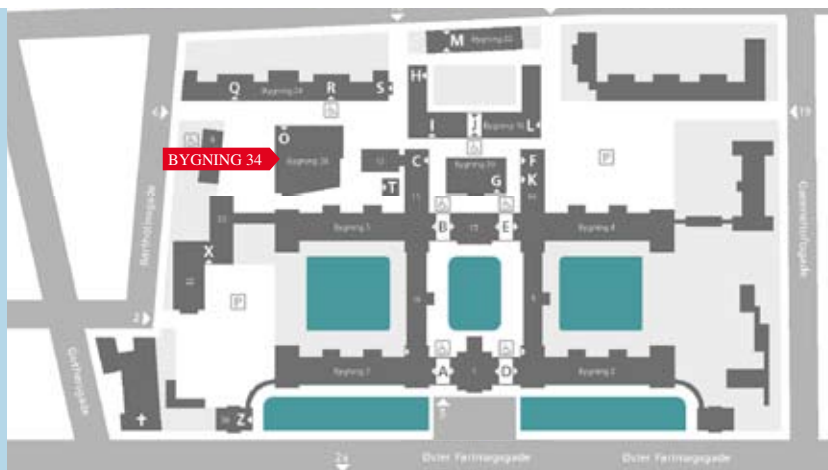
Halmtorvet 11
1700 Copenhagen V



Venue for the Satellite Symposium and Welcome Reception on Sunday 1 June Center for Sundhed og Samfund

Address:

Københavns Universitet
Center for Sundhed og Samfund
Bygning 34 (Building 34)
Øster Farimagsgade 5
1014 Copenhagen K



Registration & Information Desk

Opening hours:

Sunday 1 June: 09:00 – 15:00 (Center for Sundhed og Samfund)
Monday 2 June: 07:30 – 17:00 (Øksnehallen)
Tuesday 3 June: 08:30 – 16:30 (Øksnehallen)
Wednesday 4 June: 08:30 – 14:00 (Øksnehallen)

TRANSPORTATION

Copenhagen has an extensive and very reliable network of public transportation. It includes buses, trains and metro.

Airport - City & Conference Venue

Trains run every 20 minutes between the airport and the Copenhagen Central Station (Hovedbanegården). The train fare is approximately DKK 30 (€ 4) and takes about 20 minutes.

The Metro (M2) runs every 6 minutes between the airport and Nørreport Station (takes about 17 minutes) from where you can take the S-train to Vesterport Station or the Central Station. The fare is approximately DKK 30 (€ 4).

A typical taxi fare between the airport and the city centre is approximately DKK 250 (€ 34).

TRADE EXHIBITION

A trade exhibition will be an important part of the 9th Nordic Nutrition Conference. The trade exhibition is located in areas directly connected to the session rooms. Coffee will be served in the exhibition area during the intervals between the meetings. Should you be interested in participating as an exhibitor please do not hesitate to contact the Conference Secretariat:

ICS A/S

E-mail: nutrition2008@ics.dk for further details

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First you add knowledge...



DANISH AGRICULTURAL COUNCIL



Danish Cancer Society



danish meat association



mejeriforeningen

danish dairy board

ØRESUND



FOOD
NETWORK

- WHERE RESEARCH
AND BUSINESS MEET

VISITING COPENHAGEN

Copenhagen, the capital of Denmark is Scandinavia's largest city, and part of the most dynamic region in Northern Europe, the Øresund Region.

Copenhagen is one of Europe's oldest and most wonderful capitals with a royal touch. The Danish monarchy is the oldest in the world and Queen Margrethe II resides right in the centre of the city. Copenhagen has a friendly but yet continental and international atmosphere that makes it easy to feel at home even for a first-time visitor.

Insurance

You are requested to arrange your own health and travel insurance. The Conference organiser is not able to take responsibility for any injuries or damages that may occur during the Conference.

INFORMATION ON THE INTERNET

About:

The Conference: www.nutrition2008.ics.dk

What to see and do in Copenhagen: www.aok.dk

Copenhagen Airport: www.cph.dk

The weather in Denmark: www.dmi.dk

The Metro: www.m.dk

Information about buses and trains: www.movia.dk, www.dsb.dk/s-tog

To find the easiest way to get around: www.rejseplanen.dk

MAP OF COPENHAGEN



Map Overview

- 1 Symposium Venue Øksnehallen
- 2 Tivoli
- 3 Langelinie Pavilonen
- 4 City Hall
- 5 Central Station
- 6 Center for Sundhed og Samfund

Hotels

- A DGI Byens Hotel
- B Hotel Centrum
- C Norlandia Copenhagen
- D Copenhagen Crown
- E Imperial Hotel Copenhagen
- F Copenhagen Island
- G The Square
- H Cap Inn City

9TH NORDIC NUTRITION CONFERENCE

